



NUTRITIONAL INFORMATION
Nutritek® 500 – Reduced Minerals Whey
Code 382

| Mandatory Nutrient Information | Amount Per 100 g | Source |
|---------------------------------------|-------------------------|---------------|
| Total calories | 370 | 3 |
| Calories from total fat | 10 | 3 |
| Total fat (g) | 1.0 | 1 |
| Saturated fat (g) | 0.6 | 1 |
| Trans Fatty Acids (g) | 0.06 | 3 |
| Cholesterol (mg) | 27 | 1 |
| Sodium (mg) | 311 | 1 |
| Total carbohydrate (g) | 78 | 3 |
| Dietary fiber (g) | 0 | 3 |
| Sugars (g) | 78 | 3 |
| Protein (g) | 13 | 1 |
| Vitamin A (I.U.) | 20 | 2 |
| Vitamin C (mg) | 1 | 3 |
| Calcium (mg) | 453 | 1 |
| Iron (mg) | 0.4 | 3 |
| Optional Nutrient Information | Amount Per 100 g | Source |
| Thiamin (mg) | 0.4 | 3 |
| Riboflavin (mg) | 2.2 | 3 |
| Niacin (mg) | 1.1 | 3 |
| Potassium (mg) | 829 | 1 |
| Phosphorus (mg) | 474 | 1 |
| Magnesium (mg) | 115 | 1 |

Sources:

1. By analysis
2. Data base (ADPI)
3. By calculation