



NUTRITIONAL INFORMATION
Edible Lactose

Mandatory Nutrient Information	Amount Per 100 g	Source
Total calories	380	3
Calories from total fat	0	3
Total fat (g)	0	1
Saturated fat (g)	0	3
Trans Fatty Acids (g)	0	3
Cholesterol (mg)	0	3
Sodium (mg)	20	1
Total carbohydrate (g)	95	3
Dietary fiber (g)	0	3
Sugars (g)	95	3
Protein (g)	0	1
Vitamin A (I.U.)	0	3
Vitamin C (mg)	0	3
Calcium (mg)	60	1
Iron (mg)	0	3
Optional Nutrient Information	Amount Per 100 g	Source
Thiamine (mg)	0	3
Riboflavin (mg)	0	3
Niacin (mg)	0	3
Potassium (mg)	50	1
Phosphorus (mg)	20	1
Magnesium (mg)	10	1

Sources:

1. By analysis
2. Data base (American Dairy Products Institute)
3. By calculation

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