



**NUTRITIONAL INFORMATION**  
**Culturtek**  
**Code 347**

<b>Mandatory Nutrient Information</b>	<b>Amount Per 100 g</b>	<b>Source</b>
Total calories	380	3
Calories from total fat	30	3
Total fat (g)	3.5	1
Saturated fat (g)	2.0	1
Trans Fatty Acids (g)	0.14	3
Cholesterol (mg)	100	1
Sodium (mg)	550	1
Total carbohydrate (g)	52	1
Dietary fiber (g)	0	3
Sugars (g)	52	1
Protein (g)	35	1
Vitamin A (I.U.)	70	2
Vitamin C (mg)	1	1
Calcium (mg)	530	1
Iron (mg)	0.6	2
<b>Optional Nutrient Information</b>	<b>Amount Per 100 g</b>	<b>Source</b>
Thiamine (mg)	0.4	1
Riboflavin (mg)	1.8	1
Niacin (mg)	0.4	1
Potassium (mg)	1,700	1
Phosphorus (mg)	530	1
Magnesium (mg)	110	1

**Sources:**

1. By analysis
2. Data base
3. By calculation

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